



St Luke's C of E Primary School Newsletter

Friday 26th June 2026

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Go, shine in
the world



Dear Parents and Carers,

We are so pleased to have been open all week and see the children in school. The precautions we've put in place have been working and the school is cooler than most homes are as we are fortunate to have many rooms with air conditioning. Working parents have told us how appreciative they are of continuing as usual. For many years, there has been temperatures of early to mid 30 degrees like this week and we expect this to happen every year. We've been pleased to share the joy of hot summer days with the children who have had ice lollies and played under the water sprinkler to cool down. Next week returns to more typical British summer temperatures.

Best wishes, Mr Smith (Head of School) and Mr Webb (Executive Headteacher)



Food Technology in Year 3

This week, Year 3 had a Food Technology day and made fresh summer spring rolls as a healthy lunch meal that is perfect for warm summer days.

The children designed, made and evaluated their healthy dish as well as recapping the benefits of healthy eating and the importance of food hygiene.



Places at St Luke's— September 2026

We are proud that St Luke's has become the school of choice in the local area and there are now many families who want their children to join.



We still have a few spaces available in some classes for September.

If you know other parents who would like their child to attend St Luke's, please encourage them to come in and see us.

I have received and read the **St Luke's CE Primary School** newsletter of **26.06.26**

Name of child _____ Class _____

PLEASE RETURN THIS SLIP TO THE SCHOOL OFFICE AND YOUR CHILD MIGHT WIN A PRIZE :)

Important dates for your diary...



Friday 3rd July—Y1 canal boat trip

Monday 6th July—Sports Day at Paddington Recreation Ground (KS2 9.45am; KS1 1.30pm—children come to school wearing their PE uniform)

Wednesday 8th July—Y6 showcase of learning from across the year—parents and families welcome **change of date**

Thursday 9th July—KS2 Summer Term Music Concert (9.30am) EYFS & KS1 Summer Term Music Concert (2.30pm) **change of date**

Friday 10th July—Academic Review Day

Friday 10th July—Family BBQ (6-8pm)

Monday 13th July—End of year service for KS2 at St Luke's church (2:30pm)—parents and families welcome

Thursday 16th July—Y6 Leavers assembly (9.15am)—parents and families welcome

Friday 17th July—Last day of term (staggered end of the day)



Person of the Week!

Reception - Louis

Year 1 - Afrah

Year 2 - Keycee

Year 3 - Mehriana

Year 4 - Omari

Year 5 - Esther

Year 6 - Elijah



Attendance...

Congratulations to **Year 4** who have been awarded Luke, our Attendance Bear, for having the **BEST ATTENDANCE** this week.

Year 4 had a class attendance of **98%**!

Please make sure your child is in school every single day unless they are too unwell to come to school.

A reminder that gates open at **8.40am** and children should be in school by **8.55am** ready to start their learning.



Work of the Week!

This week's brilliant piece of work displayed in the school lobby is by **Maryam in Year 4**.

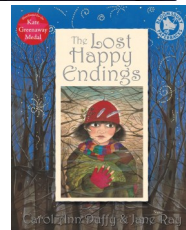
This term in English, Year 4 have been reading *The Lost Happy Ending* by Carol Ann Duffy.

Maryam wrote a poem describing the witch.

To engage the reader, she used a range of figurative language, including similes, metaphors, personification and alliteration.

She also included a variety of carefully chosen adjectives and adverbs.

Well done, Maryam!



Our Prayer of the Week

Dear God,

As I open my eyes to your wonderful world every morning.

Help me to see what you would like me to do today.

Thank you for a new day!

Amen



Don't let a little worry turn into a big one...

If you or your child are worried about something or have any questions, please phone the school office and book an appointment to see their class teacher, Mr Smith or Mr Tandy.

We are always really pleased to meet with you and chat things through.



Swimming safety

Know your limits



- **Never enter the water while under the influence of alcohol or drugs.**
- Choose safe places to swim like public pools and beaches with lifeguards.
- Always follow the venue rules, adhere to instructions given by lifeguards on duty, and know who to contact in an emergency.
- **Be cautious about peer pressure.** Just because friends suggest something doesn't mean it's safe.
- **Don't over-estimate your swimming abilities. Even if you're a strong swimmer, unexpected situations can arise.**

Stay safe in water, including open water (such as sea, rivers, lakes, swimming ponds)



- **Avoid taking risks.** Swim in areas you are sure are safe for you and be aware of the dangers of swimming in open water or the sea: e.g. strong currents, deep and cold water, tides, rip tides, things under the surface that you cannot see, cold water shock, poor quality water. Always check the weather and tides.
- On beaches, **swim between the red and yellow flags** in areas patrolled by lifeguards. A completely red flag means it is not safe to swim.
- **Never swim alone in open water.**
- **Do not use inflatables** as they can be swept out to sea.
- Make sure you **know where you can enter and exit the water safely.**
- **Do not swim in canals**, they are often shallow, with unseen hazards and poor water quality.
- **Most reservoirs are not safe to swim in**, with many safety hazards.
- **Never jump or dive into open water.** It may be shallower than you think and entering the water this quickly can cause cold water shock.

Open water swimming

If you plan to swim in open water, read this advice from the RNLI first: mli.org/safety/choose-your-activity/open-water-swimming



Cold water shock



Even in high summer, the sea and rivers in the UK are cold enough to induce cold water shock, which can be a precursor to drowning. Cold water can shock your system and cause your body to react by drawing blood away from muscles, making it hard to move.

When swimming in open water, it's very important to enter the water slowly and allow time for your body to get used to the cold.

Alcohol increases the risk of cold water shock. Never enter the water after consuming alcohol.



If you fall into cold water, follow the 5 steps to float to live:



1. **Float on your back, tilt your head back with ears submerged**
2. **Try to relax and breathe normally**
3. **Move your hands to help you stay afloat**
4. **It's ok if your legs sink, we all float differently**
5. **Spread your arms and legs to improve stability**



This helps keep your airways clear and allows the shock to pass. Then call for help or swim to safety.

Treat water with respect and visit mli.org/safety/float for more information about water safety and cold water shock.

Water quality



Open water swimming can expose swimmers to poor quality water. The government has issued guidance on reducing the risk of illness from poor quality water when open water swimming, available at: www.gov.uk/government/publications/swim-healthy-leaflet/swim-healthy

In case of an emergency, alert the lifeguard or call 999 if the area is not patrolled.



North Central London
Health and Care